

# Innovations to rely on

Setting Up for Success – Tips and Tricks October 2019

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- Why TE Biopsy
- Laser Preparation
- Manipulation Preparation
- Assisted Hatching
- Biopsy
- Troubleshooting

# LTON THORNE WHY TE BX?

- More material/more nuclei/more DNA
- Possible to reduce learning curve of technique
- Reduce error rate of PGT-A
- Less embryos to process
- Facilitate single embryo transfer



- Improvements in IVF
- Higher yield of blastocysts
- 'Better' blastocysts
- 'Better' cryopreservation/vitrification



#### BEGINS BEFORE BIOPSY

- Know your equipment
- Set-up, set-up, set-up
- Confidence
- Adjust, as needed

LASER PREP

- Checking laser alignment
  - Dangers of misdirected alignment
  - Use dry erase marker
  - Use dish that will be used for manipulation
  - Adjusting red eye
  - Ensure parfocal image
  - Changing magnification

#### ASSISTED HATCHING

- Day 3 vs. Day 4 vs. Day 5/6
- Laser Opening
  - Multiple small pulses vs. one large pulse
  - Outside In
  - Power: 100%
  - Pulse: 250µs
- Know your culture system and workflow



- ICSI dish
- 10-20µl drops
- HEPES buffered media
- Keep tools wet
- PVP
- Time outside of incubator
- Change tools, as needed



# MICROTOOLS

- Larger diameter holding pipet
- Smaller diameter biopsy pipet
- Set-Up
  - Slightly tipped down
  - Ensures material kept close to bottom
  - Laser's most effective focal point

BIOPSY

Position ICM between 7 and 11

o'clock distant from ZP opening

- Aspirate TE cells into biopsy pipette with gentle suction
- Laser pulses directed at junctions between cells
- If fully hatched excision is advisable using combination laser and flicking
- Minimize use and strength of laser – poor starting material *may* lead to poor amplification







#### HOW MUCH IS TOO MUCH LASER?

Example profiles of biopsies derived from one embryo by varying laser exposure

Original Interpretation 1-4 Pulses of 320µs

Laser Test Biopsy 1 9 Pulses of 700µs

Laser Test Biopsy 2 7 Pulses of 1600µs





BIOPSY VIDEOS • Day 3 Hatching





BIOPSY VIDEOS • Day 3 Hatching





BIOPSY

VIDEOS







BIOPSY VIDEOS • Flick technique



#### TROUBLE-SHOOTING

- "Laser not working"
- Make sure you are on the laser objective
- Make sure the laser cable is plugged in all the way
- Make sure you are working on the bottom of your dish
- The laser is most effective in a very specific range.
  If you have inadvertently changed planes and
  risen above the bottom of the dish, it will not work
- Make sure the microscope magnification deck is in the correct position

#### TROUBLE-SHOOTING

- For a non-hatching
  blastocyst, I cannot get
  the cells to pull out easily
- Insert whole pipet into the embryo by blowing
- Pull back through the zona to pinch it and create resistance
- Gently aspirate the cells by pulling slightly, then sucking...back and forth



TROUBLE-SHOOTING

- Biopsy gets stuck on the
- tip of the pipet
- Flick the pipet holder with your finger
- Biopsy will come right off





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